

BREAKFAST

MUESLI | raw oats, almond meal, flaxseed, coconut, cinnamon, fresh fruit, candied walnuts, almond milk **8.5**

AVOCADO TOAST | **G** | your choice of fermented sourdough or sprouted grain Ezekiel toast, avocado mash, tomato, watermelon radish, black sesame, sprouts *half 6 / full 9* | *add poached local, free-range eggs one 2.5 / two 3.5*

LOADED TOAST | **G** | your choice of fermented sourdough or sprouted grain Ezekiel toast, chocolate-hazelnut butter, banana, candied walnuts, coconut, hemp seed hearts, organic maple syrup *half 6 / full 9*

SUNRISE SALAD | one poached local, free-range egg, organic greens, tomato, radish, quinoa, carrot, lemon tahini dressing **8**

AÇAI BOWL | organic açai sorbet, seasonal fresh fruit, organic ancient grain granola, coconut, cacao nibs, goji berries **11**

BURRITOS

Wrapped to order in a whole wheat tortilla | **G** | or served deconstructed on a bed of organic greens for a GF option

SOUTHWESTERN | **G** | organic brown rice, organic beans, onion, bell pepper, organic corn, organic turmeric tofu scramble, red cabbage slaw, cilantro, avocado ranch dressing **12.5**

NEW YORK DELI | **G** | local, free-range egg salad, mixed roasted vegetables, organic greens, onion, pickled radish, organic house tempeh, mustard vinaigrette, thousand island dressing **12**

SANCTUM SIGNATURE | **G** | organic turmeric tofu scramble, mixed roasted vegetables, tomato, onion, organic greens, cashew cream **9.5**

BUFFALO | **G** | organic turmeric tofu scramble, organic potato, organic house tempeh, carrot, organic celery, coconut bacon, buffalo sauce, avocado ranch dressing **12**

EXTRAS

organic maple syrup **1**
 almond or peanut butter **1**
 earth balance **1**
 house hot sauce or cashew cream **1**

organic house tempeh **2**
 avocado, sliced or mash **2**
 feta or goat cheese **1.5**
 poached local, free-range egg **2.5 / 3.5**

SIDES

seasonal fresh fruit **4**
 organic potatoes side **4**
 fermented sourdough or sprouted grain
 Ezekiel toast | **G** | **2**

G | contains gluten

100% non-GMO, organic where it counts, unrefined ingredients go into our scratch-made, plant-based food. Please notify your server of any nut or food allergies. Warning: consuming raw, undercooked, or unpasteurized foods may increase your risk of foodborne illness, especially if you have certain medical conditions.