

## COLD-PRESSED JUICE

16 oz. Small batch, made in house daily. Limited availability.

**GREEN** | cucumber, celery, broccoli, apple, kale, lemon, pineapple **10**

**SPICY GREEN** | cucumber, kale, jalapeño, serrano, broccoli, celery, lemon, pear **10**

**BEET** | beet, cucumber, lime, orange, mint **10**

**CARROT** | carrot, pear, sweet potato, lemon, ginger, cinnamon **10**

**NUT MYLK** | seasonal offerings **10**

**ORANGE** | 100% unpasteurized orange juice 12 oz **4**

**HOUSE LEMONADE** | seasonal flavor, demerara-sweetened 12 oz **4**

## SMOOTHIES

16 oz. No substitutions or modifications.

**ONE** | peanut butter, blueberry, banana, raw cacao **7**

**TWO** | cherry, vanilla, banana, mesquite, cinnamon **8**

**THREE** | almond butter, raw cacao, banana, dates, cinnamon, maca, espresso **9**

**FOUR** | pear, kale, almond butter, banana, cinnamon **7**

**FIVE** | avocado, apple, banana, celery, kale, maca, ginger, flax seeds, hemp seed oil **10**

**SIX** | matcha, mint, banana, avocado, maca, cacao nibs, kale, plant-based protein **12**

**SEVEN** | turmeric, ginger, cinnamon, coconut oil, banana, mango, piperine **10**

**ADD-INS** | chia seeds, hemp seeds, flax seeds, coconut oil, hemp seed oil, maca, mesquite, raw cacao, spirulina, cacao nibs, goji berries, greens, peanut butter, almond butter, espresso **+1.75**  
 avocado, plant-based protein **+2**

## COFFEE & TEA

latte **4 / 4.5**  
 mocha **4.25 / 4.75**  
 americano **3 / 3.25**  
 cappuccino **4 / 4.5**  
 cortado **3.25**

double espresso **2.75**  
 fresh brewed coffee **2.5 / 3**  
 house cold brew **4 / 4.75**  
 french press **4 / 6.5**  
 hot chocolate **3.5 / 4**

housemade chai **4.5 / 5.25**  
 dirty chai **5.25 / 5.75**  
 matcha maca latte **4.5 / 5.25**  
 golden turmeric latte **4.5 / 5.25**  
 lavender latte **4.95 / 5.75**  
 hot ginger tea **3**

wellness toddy **4.75**  
 hot tea **3 / 4.5 / 7**  
 iced tea **3**  
 San Pellegrino **2.75**  
 Living Vitalitea kombucha **4.75**  
 kombucha growler **13 / refill 10**

**organic non-dairy milk** | almond, hemp (+.6), soy  
**local, grass-fed milk** | whole, skim

2 shots in 12 oz espresso drinks; 3 shots in 16 oz espresso drinks  
 extra espresso shot **+ .75**

## SHOTS

1 oz / 2 oz

**SANCTUM SHOT** | ginger, turmeric, lemon, cayenne, coconut oil, cinnamon, raw local honey **2.5 / 4**  
 anti-inflammatory, digestive support, allergy support

**E3 LIVE** | the most nutrient-dense food known to mankind **2.5 / 4**  
 energy, immune support, digestive support, healthy skin

**FLU SHOT** | elderberry, ginger, cinnamon, cloves, coconut oil, raw local honey **2.5 / 4**  
 immune support, heart health, antioxidant

**FIRE SHOT** | apple cider vinegar, lime, grapefruit, orange, jalapeño, serrano, cilantro **2.5 / 4**  
 detoxifying, digestive support, anti-candida

**FLIGHT** | **7.5 / 12**

## COCKTAILS

**COLD-PRESSED MIMOSA** | st. hilaire brut, choice of pineapple-ginger or orange-turmeric juice **9**

**LAVENDER MIMOSA** | **9**

**LOVEBIRD** | grüner veltliner, strawberry lavender lemonade kombucha, sake **10**

**CHAMBUCCI** | st. hilaire brut, living vitalitea kombucha **9**

**CHELSIE** | sanctum shot, st. hilaire brut, spiced roots kombucha **9**

**BERRY BELLINI** | st. hilaire brut, ruby port, elderflower, fresh berries **10**

**KOMBURITA** | sake, spiced roots kombucha, fire shot, agave **10**

## SUNDAY ONLY

**SEASONAL SANGRIA** | **8**

**BLACK & THYME** | blackberries, thyme, st. hilaire brut, cucumber, vermouth **10**